



Week 2

K-3

Learn how to melt away your worries!

Links to Flow / GoNoodle

[Melting](#)

Dance, sing, and learn about the water cycle with this awesome rap!

Links to Blazer Fresh / GoNoodle

[Water Cycle](#)

Listen and move to this yoga storytime! Links to Cosmic Kids Yoga / YouTube

[Moana | A Cosmic Kids Yoga Adventure!](#)

Draw a dolphin with these easy directions! Links to Art for Kids Hub / YouTube

[How to Draw a Cartoon Dolphin](#)

