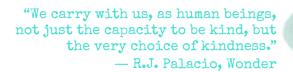
Acts of Kindness Scavenger Hunt

Mark each square as you complete the Act of Kindness.





Hold the door open for someone.

Dust a room in your house or in a family member's house.

Write a nice note to a family member. TAKE OUT
THE
TRASH.

Call a grandparent, aunt, or uncle to say hello.

Tell the members of your family why you love them.

Share your smile with everyone you see.

Make your bed.

Offer to help your parents with a task.

CLEAN YOUR ROOM WITHOUT BEING ASKED.

Read a book to a family member. Create your own Act of Kindness! Write it here:

Pick up litter in your community. Donate clothes that do not fit anymore to someone who could use them.

Ask a family member to tell you a story you've never heard before and actively listen.

Teach someone a new skill.

Tell a joke.

Prepare an easy meal or snack for your family.

Congratulate someone for a job well done.

Set the table for dinner.

HELP CARRY IN THE GROCERIES FROM THE CAR AND PUT THEM Volunteer to help a neighbor with a task.

CHEER SOMEONE UP WHO IS FEELING DOWN.

Give someone a compliment.